

CM

UK SIZE	4	6	8	10	12	14	16	18	20	22	24	26	28
WAIST	58.4 - 63.5	61 - 68.6	66 - 71.1	71.1 - 76.2	76.2 - 83.8	83.8 - 88.9	88.9 - 94	88.9 - 102	96.5 - 104	102 - 109	107 - 114	112 - 119	117 - 124
LOWER HIP	76.2 - 81.3	78.7 - 83.8	86.4 - 94	94 - 99.1	99.1 - 104	104 - 112	109 - 122	122 - 130	127 - 135	132 - 145	132 - 147	135 - 152	137 - 155

CM

### Measurement instruction

#### Waist

Keeping the measuring tape parallel to the ground, measure around your waist at the narrowest point of your torso. Make sure to keep one finger in between the tape and your body

#### Lower Hip

Stand with your heels together and measure around the fullest part of your hips, keeping the measuring tape parallel to the ground.

#### Inseam

Measure along the inside of the pant leg from the crotch to the bottom opening. The number of inches is the inseam length, rounded to the nearest 1/2 inches.



	PETITE / SHORT	REGULAR	TALL / LONG
INSEAM	71.1	78.7	86.4
HEIGHT	145 - 160	160 - 170	170 - 183